Keynotes:

21st Century Healthcare –Engaging the Consumer

The Empowered Consumer - Can Industry Catch Up?

Women's Health – It's About Much More Than Hormones

Caring for our seniors - How We Can Do Better

Employer-Employee Partnerships – Solving the Health Care Dilemma Together

Taking Charge of Your Healthcare – An Insider's View

Your Health in Your Hands: The Power of Your Medical Record

Consulting Services – to help customize programs

Seminars and workshops offered to the general public and employer groups providing motivation, information and guidance:

- General and topical seminars (specific issue, condition, or life-stage)
- Small-group seminars offered to provide focused attention and guidance to targeted consumers, as needed including mock patient-physician interaction scenarios
- Provide targeted follow-up and motivation for high-risk or executive populations

Training other health professionals and "trainers"