



Marie Savard, M.D

Physician, Author, Speaker

Marie Savard, M.D. is a nationally known internist, women's health expert and champion for patient empowerment. She is the founder of Savard Systems and author of two highly acclaimed books, *How to Save Your Own Life: The Savard System for Managing—and Controlling—Your Health Care* and *The Savard Health Record: a six-step system for managing your health care*. Dr. Savard earned her BS degree in nursing and her MD degree at the University of Pennsylvania. She completed her residency in internal medicine at the Hospital of the University of Pennsylvania and a fellowship in general internal medicine and a Masters in Community Health at the University of Colorado Health Science Center.

Dr. Savard has appeared before medical groups, corporations, government hearings, civic organizations, and the general public to speak about the importance of the individual's role in managing one's own health care. She has been a health columnist for Woman's Day magazine and is currently the senior medical consultant to the Lifetime TV series *Strong Medicine*.

Dr. Savard is recognized as one of the outstanding physicians in the Philadelphia area, where she is a practicing internist and medical director for the Cabrini Nursing Home for missionary nuns. She was appointed vice chair of the Pennsylvania Commission on Women by former Governor Thomas Ridge.

She lives in Wynnewood, Pennsylvania, with her husband, Bradley Fenton, M.D., and their three sons.

