

## Biography:

# *Marie Savard, M.D.*



Marie Savard, M.D. is an internationally-recognized internal medicine physician, expert on wellness and champion for patient rights. She is the author of three nationally acclaimed books, *The Body Shape Solution to Weight Loss and Wellness: The Apples & Pears Approach to Losing Weight, Living Longer, and Feeling Healthier* (Simon and Schuster, January 2005), *How to Save Your Own Life: The Savard System for Managing--and Controlling--Your Health Care* (Warner Books, 2000) and *The Savard Health Record* (Time-Life Books, 2000).

Dr. Savard earned both a Bachelor of Science degree in nursing and a medical degree at the University of Pennsylvania. She is the former director of the Center for Women's Health and associate professor at the Medical College of Pennsylvania. She was technical advisor to the United Nations' Fourth World Conference on Women (Beijing, 1995), she served on the American Board of Internal Medicine's Subcommittee on Clinical Competency in Women's Health and was a health columnist for Woman's Day magazine.

A trusted voice on health, wellness and patient empowerment issues, Dr. Savard has appeared on the Today show and has been featured in dozens of national media outlets, including, The New York Times, The Wall Street Journal, Washington Post, Newsweek, Prevention and Health Magazines. She speaks frequently before medical groups, corporations and government hearings on patient empowerment and health and wellness issues.

Dr. Savard is a member of the Board of Trustees of the University of Pennsylvania and of the Board of Overseers of its' School of Nursing. She is a member of the public policy advisory board of the Susan B. Komen Breast Cancer Foundation and chair of the Pennsylvania Commission for Women. Dr. Savard currently serves as senior medical advisor to Lifetime Television's Strong Medicine and takes care of the Mother Cabrini missionary nuns. She resides in the Philadelphia area with her physician husband and has three grown sons. Dr. Savard can be reached at [www.drsavard.com](http://www.drsavard.com).